



6-WEEK "SPIRITUAL THERAPY" GOAL TRACKER



"Commit your way to the Lord, trust also in Him,
and He shall bring it to pass." Psalm 37:5 (NKJV)

Goal:

Why it matters:

Accountability Partner:

Check-in: daily weekly

our daily goal is not perfection, but progress.

WEEK 1							
WEEK 2							
WEEK 3							
WEEK 4							
WEEK 5							
WEEK 6							

